### 2024 Triennial Assessment

The District Wellness Committee went through both part 1 and 2 of the Triennial Assessment together during our 4th meeting.

Our SHI's were completed by our building teams.

BMI was collected and reported by our building Nurses.

Goals for nutrition, physical activity and wellness have been reassessed this year.

Our Health and Wellness School and District Improvement Priority Reports were completed in Indistar.

We have posted information above to our website and a verbal report was made to the public by Brae Harper during the March 2024 board meeting.

Robin Capps maintains documentation at the local level for all Child Nutrition Administrative Review.

Figure 1 displays the percentage of children with a BMI measurement in the obese category for the past four measurement periods. Each grade saw a statistically significant increase in the percentage of students with a BMI in the obese category in the most recent measurement year, compared to the previous measurement year.

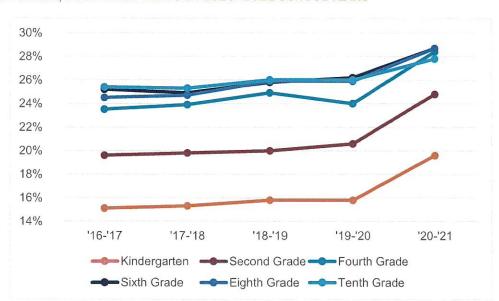


FIGURE 1. PERCENTAGE OF ARKANSAS PUBLIC SCHOOL STUDENTS WITH A BMI CLASSIFICATION OF OBESE, BY GRADE, 2016–2017 THROUGH 2020–2021 SCHOOL YEARS

# **COVID-19 Impacts and BMI Measurement Collection**

BMI data collection for the 2020–2021 school year was met with challenges, as the COVID-19 pandemic continued to impact the lives of students and school staff throughout the state. Many students attended school virtually due to risk mitigation efforts and quarantining protocols. Completion of BMI measurements and data entry was affected by these activities which led to a decrease in valid BMI measurements to 55% of students compared to 64% in the previous year.

Because there were fewer measurements collected in the 2020–2021 school year, ACHI conducted statistical studies to test whether BMI data collected in 2020–2021 represented a cohort of students similar to that of previous years. This was necessary to rule out any selection bias in the data collected, and to ensure that trends could accurately be compared across years.

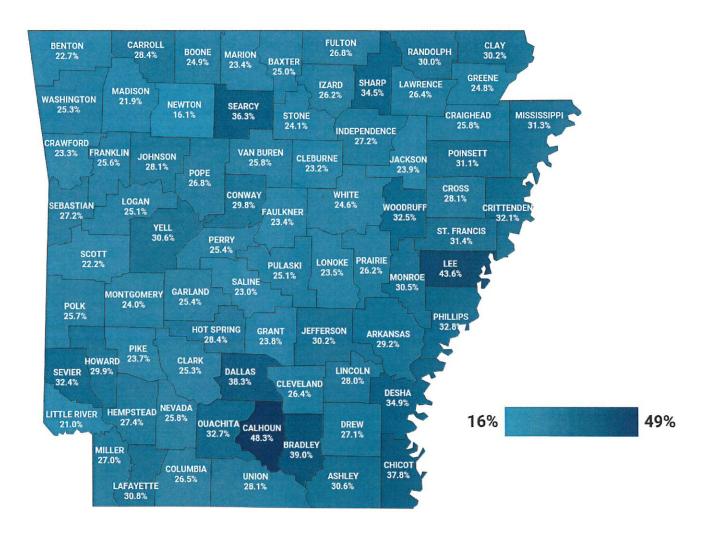
We used a chi-squared test to compare the distribution of valid measurements in the 2020–2021 school year to the distribution of valid measurements in previous school years. The variables studied were those traditionally associated with having obesity: free and reduced-price lunch status (as a proxy for income level); race and ethnicity; rurality (using rural-urban continuum codes); and district size (defined as large or small districts based on having more than or fewer than 5,000 enrolled students). The outcomes of these comparisons indicated

that there were not significant differences in distribution of these variables in the 2020–2021 cohort compared to the previous study years.

Preliminary studies form other states indicate that individuals have experienced increased weight gain during the COVID-19 pandemic.<sup>6</sup> A large cohort study, which included schoolage children and adolescents, found weight gain among the study population in the most recent school year compared to previous years and found that younger children experienced greater relative weight gain than older children.<sup>7</sup> Like these studies, outcomes from Arkansas student BMI measurements from the 2020–2021 school year also demonstrate increased weight gain among students during the initial wave of COVID-19 in Arkansas, particularly among elementary school aged children. The findings included in this report suggest an increase in pediatric obesity in Arkansas as an impact of the COVID-19 pandemic.

Overall, the ongoing collection of BMI data successfully continued for 2020–2021. However, due to COVID-19 impacts and a relatively lower number of students having valid height and weight measurements, results in this year's report should be interpreted cautiously.

FIGURE 12. PERCENTAGE OF STUDENTS CLASSIFIED AS OBESE, BY COUNTY LOCATION OF SCHOOL, FOR THE 2020-21 SCHOL YEAR



### Conclusion

Nearly 44% of Arkansas public school students who had a BMI measurement in the 2020–2021 school year are classified as either overweight or obese, up from 40% in the 2019–2020 school year. BMI measurements in 2020–2021 indicated the highest percentages of grade-level obese classifications since student BMI measurement began in Arkansas. This increase coincides with the first wave of the COVID-19 pandemic in Arkansas, and it underscores the need for continued efforts to address child health and wellness. Statewide, collabortive efforts will be needed in the future to achieve the goal of increasing the percentage of adults, adolescents, and children who are at a healthy weight. Continued state and local efforts are needed to address focus areas previously designated by the Healthy Active Arkansas initiative, including physical and built environment; nutritional standards in government, institutions, and the private sector; nutritional standards in schools; physical education and activity in schools; healthy worksites; access to healthy foods; sugar-sweetened beverage reduction; and breastfeeding.

District LEA	District Name	School LEA	School Name	Under- weight (%)	Healthy Weight (%)	Under- weight and Healthy Weight (%)	Over- weight (%)	Obese (%)	Over- weight and Obese (%)
6061700	FRIENDSHIP ASPIRE ACADEMY LITTLE ROCK	6061702	FRIENDSHIP ASPIRE MIDDLE ACADEMY LITTLE ROCK	(13)	(73)	(75)	(10)	(70)	(70)
3544700	FRIENDSHIP ASPIRE ACADEMY PINE BLUFF	3544701	FRIENDSHIP ASPIRE ACADEMY						
6640700	FUTURE SCHOOL OF FORT SMITH	6640703	FUTURE SCHOOL OF FORT SMITH		50.00%	52.78%	13.89%	33.33%	47.22%
4602000	GENOA CENTRAL SCHOOL DISTRICT	4602007	GARY E. COBB MIDDLE SCHOOL		56.14%	57.89%	19.30%	22.81%	42.11%
4602000	GENOA CENTRAL SCHOOL DISTRICT	4602005	GENOA CENTRAL ELEM. SCHOOL		65.53%	66.99%	14.08%	18.93%	33.01%
4602000	GENOA CENTRAL SCHOOL DISTRICT	4602006	GENOA CENTRAL HIGH SCHOOL		62.69%	64.18%	19.40%	16.42%	35.82%
0403000	GENTRY SCHOOL DISTRICT	0403703	GENTRY HIGH SCHOOL CONVERSION CHARTER		69.23%	69.23%			
0403000	GENTRY SCHOOL DISTRICT	0403013	GENTRY INTERMEDIAT E SCHOOL		63.89%	63.89%	22.22%	13.89%	36.11%
0403000	GENTRY SCHOOL DISTRICT	0403015	GENTRY MIDDLE SCHOOL		68.18%	68.18%		22.73%	31.82%
0403000	GENTRY SCHOOL DISTRICT	0403016	GENTRY PRIMARY SCHOOL		53.57%	56.25%	18.75%	25.00%	43.75%
3002000	GLEN ROSE SCHOOL DISTRICT	3002007	GLEN ROSE ELEMENTARY SCHOOL		56.06%	58.33%	20.45%	21.21%	41.67%
3002000	GLEN ROSE SCHOOL DISTRICT	3002009	GLEN ROSE HIGH SCHOOL	,	56.90%	58.62%	24.14%	17.24%	41.38%
3002000	GLEN ROSE SCHOOL DISTRICT	3002010	GLEN ROSE MIDDLE SCHOOL		55.86%	57.66%	17.12%	25.23%	42.34%
4708000	GOSNELL SCHOOL DISTRICT	4708028	GOSNELL ELEMENTARY SCHOOL		56.37%	57.53%	16.60%	25.87%	42.47%
4708000	GOSNELL SCHOOL DISTRICT	4708031	GOSNELL HIGH SCHOOL		46.97%	50.00%	13.64%	36.36%	50.00%

School District	District LEA	Underweight (%)	Healthy Weight (%)	Underweight and Healthy Weight (%)	Overweight (%)	Obese (%)	Overweight and Obese
ENGLAND SCHOOL DISTRICT	4302000	2.21%	40.44%	42.65%	18.01%	39.34%	<b>(%)</b> 57.35%
ESTEM PUBLIC CHARTER SCHOOL	6047700	1.57%	55.82%	57.39%	14.94%	27.67%	42.61%
EUREKA SPRINGS SCHOOL DISTRICT	0802000		65.29%	65.29%	14.71%	20.00%	34.71%
EXALT ACADEMY OF SOUTHWEST LITTLE ROCK	6055700		43.97%	46.55%	20.69%	32.76%	53.45%
FARMINGTON SCHOOL DISTRICT	7202000	2.76%	60.93%	63.69%	19.47%	16.83%	36.31%
FAYETTEVILLE SCHOOL DISTRICT	7203000	2.54%	66.89%	69.44%	15.81%	14.76%	30.56%
FLIPPIN SCHOOL DISTRICT	4501000		54.30%	55.49%	18.99%	25.52%	44.51%
FORDYCE SCHOOL DISTRICT	2002000		41.57%	42.73%	18.60%	38.66%	57.27%
FOREMAN SCHOOL DISTRICT	4102000		62.30%	65.57%	14.75%	19.67%	34.43%
FORREST CITY SCHOOL DISTRICT	6201000	1.51%	47.92%	49.43%	20.00%	30.57%	50.57%
FORT SMITH SCHOOL DISTRICT	6601000	1.37%	50.54%	51.91%	18.48%	29.62%	48.09%
FOUKE SCHOOL DISTRICT	4603000		57.02%	58.68%	14.05%	27.27%	41.32%
FOUNTAIN LAKE SCHOOL DISTRICT	2602000	3.01%	58.27%	61.28%	15.04%	23.68%	38.72%
FRIENDSHIP ASPIRE ACADEMY LITTLE ROCK	6061700						
FRIENDSHIP ASPIRE ACADEMY PINE BLUFF	3544700						
FUTURE SCHOOL OF FORT SMITH	6640700		50.00%	52.78%	13.89%	33.33%	47.22%
GENOA CENTRAL SCHOOL DISTRICT	4602000	1.58%	61.49%	63.06%	16.89%	20.05%	36.94%
GENTRY SCHOOL DISTRICT	0403000		59.36%	60.73%	18.72%	20.55%	39.27%
GLEN ROSE SCHOOL DISTRICT	3002000	1.99%	56.15%	58.14%	19.93%	21.93%	41.86%
GOSNELL SCHOOL DISTRICT	4708000	1.79%	53.20%	54.99%	15.60%	29.41%	45.01%
GRAVETTE SCHOOL DISTRICT	0404000	1.28%	59.34%	60.61%	19.44%	19.95%	39.39%
GREEN FOREST SCHOOL DISTRICT	0803000		50.00%	50.70%	18.78%	30.52%	49.30%
GREENBRIER SCHOOL DISTRICT	2303000	2.02%	59.86%	61.88%	16.99%	21.13%	38.12%
GREENE COUNTY TECH SCHOOL DISTRICT	2807000	2.39%	60.29%	62.68%	16.91%	20.40%	37.32%
GREENLAND SCHOOL DISTRICT	7204000		55.62%	56.21%	19.53%	24.26%	43.79%
GREENWOOD SCHOOL DISTRICT	6602000	1.27%	58.42%	59.69%	18.93%	21.39%	40.31%
GURDON SCHOOL DISTRICT	1003000		43.86%	45.61%	21.49%	32.89%	54.39%

# District: Gentry Public Schools

# Wellness Committee Requirements Checklist - Implementation and Compliance

Federal requirements are highlighted below; Arkansas rules for nutrition and physical activity are noted by "Ark 0.00."

See Commissioner's Memo Wellness Policies: Meeting Requirements of the Triennial Assessment for instructions and guidance.

	Part 1										Part 2
	guA	JdəS	<sub>f2O</sub>	voV	рес	nsl	Feb	nsM	лфА	YeM	Included in Policy?
Ark 6.07.1.1 Include in the local Wellness Policy, goals for nutrition education, physical activity, and other school based activities that are designed to promote student wellness in a manner that the LEA determines is appropriate (may have standards in the Wellness Policy and annually updated goals in the ACSIP School Form)	× ====================================	×	×	×	×	×	*	×	×	×	×
<b>Ark 6.07.1.2</b> Include in the local Wellness Policy, nutrition guidelines selected by the LEA for all foods available (both sold and provided) on each school campus under the LEA during the school day with the objectives of promoting student health and reducing childhood obesity	×	×	<b>×</b>	×	×	×	×	×	×	×	<b>×</b>
<b>Ark 6.07.1.3</b> Include in the local Wellness Policy, guidelines for reimbursable meals, which are no less restrictive than regulations and guidance issued by USDA	×	×	×	×	×	×	×	×	×	×	×
Ark 6.07.1.4 Include in the local Wellness Policy, a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the LEA charged with operational responsibility for ensuring that each school fulfills the district's local wellness policy (ACSIP District Form – chair and co-chair)	×	×	×	×	×	×	×	×	×	×	×
LEA's are required to inform and update the public about the content and implementation of the local wellness policy	×	×	×	×	×	×	×	×	×	×	*

School Year 2024\_\_ - 2025\_\_

District: Gentry Public Schools

<ul> <li>LEA's must measure periodically and make available to the public an assessment of the local wellness policy including (Triennial Assessment):</li> <li>Extent to which schools are in compliance with the local wellness policy (using this checklist)</li> <li>Extent to which the LEA's local wellness policy compares to model local school wellness policies (using the "Included in Policy?" checkbox on this form)</li> <li>And progress made in attaining the goals of the local wellness policy dusing RMI data SHI and ACSIP)</li> </ul>	×	×	×	×	*	×	×	×	×	×	×
Include in the Wellness Policy, a standard for food and beverage marketing that allows marketing and advertising of only those foods and beverages that meet the Smart Snacks nutrition requirements.	×	×	×	×	*	×	×	×	×	×	×
Include in the Wellness Policy, a description of public involvement, public updates, policy leadership, and evaluation plan.	X	×	×	×	×	×	×	×	×	×	×
Ark 6.06.5 The Wellness Committee shall review and make written recommendations to the district's Child Nutrition Director regarding the district's school meal menus and other foods sold in the cafeteria.  *District's Child Nutrition Program will provide the district Wellness Committee information on the requirements and standards of the National School Lunch Program (NSLP), and menus for the NSLP and other foods sold in the school cafeteria on a QUARTERLY basis.	×	×	×	×	×	×	×	×	×	×	×
Ark 6.02.1 Assist with the implementation and physical activity advisory committee will help raise awareness of the importance of nutrition and physical activity and assist in the development of local policies that address issues and goals, including, but not limited to the following:  Ark 6.02.1 Assist with the implementation of nutrition and physical activity advisory committee with the approval of the Arkansas Department of Education and the State Board of Health (The Rules Governing Nutrition, Physical Activity, and BMI – updated October 2020, including Federal Smart Snack Regulations)	elp rais goals, ir X	e awar	g, but i	of the i	mporta ited to	the fol	owing:	× ×	physic:	×	×
Ark 6.02.2 Integrate nutrition and physical activity into the overall curriculum	×	×	×	×	×	×	×	×	×	×	×
	×										
<b>Ark 6.02.4</b> Ensure that students receive nutrition education and engage in healthy levels of vigorous physical activity	×	×	×	×	×	×	×	×	×	×	×

School Year 2024\_\_ - 2025\_\_

District: Gentry Public Schools

Ark 6.02.5 Improve the quality of physical education curricula and increase training of physical education teachers	×	×	×	×	×	×	×	×	×	×
Ark 6.02.6 Enforce existing physical education requirements										
<b>Ark 6.02.7</b> Pursue contracts that both encourage healthful eating by students and reduce school dependence on profits from the sale of competitive foods										
Ark 6.06 At a minimum, the School Nutrition and Physical Activity Advisory Committee will:	mittee v	vill:								
Ark 6.06.1 Annually, assess each school campus, using the School Health Index for Physical Activity, Healthy Eating and a Tobacco-Free Lifestyle using the following modules:  #1 – School Health Policies and Environment  #2 – Health Education  #3 – Physical Education and other Physical Activity Programs  #4 – Nutrition Services  #10 – Family Engagement  #11 - Community Involvement						×				
Ark 6.06.2 Compare the physical education and health education assessment from the School Health Index to the standards defined by the Arkansas Department of Education Physical Education and Health Curriculum Frameworks										×
Ark 6.06.3 Compile the results of the School Health Index and provide a copy to the principal of each school in the district to be included in the individual school improvement priority (ACSIP)									×	
ementing the Arkansas Child Health ons for all foods and beverages sold or ous, including all foods and beverages eimbursable meals, including a la carte, aisers, school stores, class parties, and Ithy school meals	×									
Ark 6.06.7 Annually maintain and update a written list of recommended locally available healthier options for food and beverages available for sale to students	×									
Ark 6.06.8 Encourage the use of non-food alternatives for fundraisers									×	

School Year 2024\_\_ - 2025\_\_

District: Gentry Public Schools

Ark 6.06.9 Review and make written recommendations to the board regarding the components to be included in food and boontracts	Ark 6.06.9 Review and make written recommendations to the local school board regarding the components to be included in food and beverage vending contracts		×	
Ark 6.06.10 Include as part of the district's annual report to part community the amount of funds received and expenditures may competitive food and beverage contracts	Ark 6.06.10 Include as part of the district's annual report to parents and the community the amount of funds received and expenditures made from competitive food and beverage contracts		×	
Arkansas Required Members: School Board Administration Food Service Teacher Organization Parents Students Professional Groups – Nurses Community Members	USDA Required Members: School Board Administration Food Service Teachers of Physical Education Parents Students School Health Professionals Public	×		
List additional policies adopted at the Local Wellness Policy:	List additional policies adopted at the local level and implemented through the Local Wellness Policy:	N/A		

<sup>\*</sup>Arkansas Act 2285 of 2005 "An Act to Provide Statewide Standards for School Lunch Programs; And for Other Purposes"

Protocols in Arkansas Public Schools - October 2020, the USDA Food and Nutrition Service Smart Snack Regulations, and the USDA FNS Local School Wellness Please refer to the Arkansas Department of Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Policy Implementation Final Rule.

<sup>\*\*</sup>Wellness Committee = School Nutrition and Physical Activity Advisory Committee

# How often do students get Health & Physical Education

Gentry Primary: Health/PE once a week for 40 minutes and 200 minutes of physical activity such as recess

Gentry Intermediate: Health/PE once a week for 40 minutes and 200 minutes of physical activity such as recess

Gentry Middle/High: Daily when the students have either Health or Physical Education

Both GPS and GIS teach nutrition as a part of their Health/PE time.

### **Health & Wellness of Staff**

GPS & GIS: Quarterly "Get Healthy" Newsletters for overall health

District-Wide: Wellness Challenges to put personal health at the forefront or our daily lives.

### Arkansas Indistar

### **Health and Wellness District Improvement Priority**

Page 1 of 1

### **Section I: District Information**

School Year: 2023-2024

### **LEA Information:**

District LEA Number:	0403000
School District:	Gentry Public Schools

 $\blacksquare$  The LEA will ensure that the district wellness policy is in compliance with state and federal mandates.

### **Section II: District Committee Members:**

District Wellness Committee Chair Name:	Brae Harper
Committee Chair Position:	Federal Programs Coordinator
Committee Chair Email:	bharper@gentrypioneers.com
Committee Chair Phone:	479-736-2253
District Wellness Committee Co-Chair Name:	Kristen Smartt
Committee Co-Chair Position:	Intermediate Principal
Committee Co-Chair Email:	ksmartt@gentrypioneers.com
Committee Co-Chair Phone:	479-736-2252

Repeat

### **Additional Committee Members:**

Hint

Name	Position or Role	Organization Represented	Phone	Email
Melissa Holland	School Board Member	Gentry School	479-736-	mholland@gentrypioneers
Christie Toland	Administrator	Gentry School 🕢	479-736-	ctoland@gentrypioneers.c
Robin Capps	Food Service	Gentry /	479-736-	rcapps@gentrypioneers.c
Sean Seligman 🦪	Physical Education Teacher	Gentry High	479-736- 🕢	sseligman@gentrypioneer
Madlyn Taylor	Parent	Gentry High		madlyn.taylor.vab54@stat
Addison Taylor 🧷	Student	Gentry High		addison.tay24@gentrystu
Melody	Community Member	City of Gentry	479-599-	melly0099@gmail.com
Mary Bailey /	School Health Professional	Gentry Public	479-525-	mbailey@gentrypioneers.
Kari Cantrell	Gentry High School PTO	Gentry PTO	479-736-	kcantrell@gentrypioneers.
Lonnie Moll	Gentry High School Nurse	Nurse	479-736-	lmoll@gentrypioneers.co

Angie Moore	Gentry Primary School	Gentry Primary	479-736-	amoore@gentrypioneers.c
Stacy Haney	Gentry Primary School	Gentry Primary	479-736-	shaney@gentrypioneers.c
Jeniece Drake	Gentry Intermediate	Gentry	479-736- //	idrake@gentrypioneers.co

Repeat

### **Additional Committee Members:**

Hint

Name	Position or Role	Organization Represented	Phone	Email
	School Board Member		2	
	Administrator			
	Food Service			
	Physical Education Teacher			
	Parent			
	Student			
	Community Member	/		
	School Health Professional			
Robin Welch	Gentry Middle School	GMS Nurse	479-736-	rwelch@gentrypioneers.c
	4			

### **Reviewer Response:**

ADE Reviewed

### **Reviewer Comments:**

Check the box above to indicate that the LEA will ensure that the district wellness policy is in compliance with the state and federal mandates.

After completing this, you may proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, SW 9/15/23

Save

**Save and Preview** 

Save and Send for Review

\*For Save and Preview, if pdf does not appear, please check pop-up settings.

Close

### AR Gentry School District 201 South Giles Avenue Gentry AR 72734 479-736-2253

### **Health and Wellness District Improvement Priority**

### **Section I: District Information**

School Year: 2022-2023

### **LEA Information:**

District LEA Number:	0403000
School District:	Gentry School District

The LEA will ensure that the district wellness policy is in compliance with state and federal mandates.

### **Section II: District Committee Members:**

District Wellness Committee Chair Name:	Brae Harper
Committee Chair Position:	Federal Programs Coordinator
Committee Chair Email:	bharper@gentrypioneers.com
Committee Chair Phone:	479-736-2253
District Wellness Committee Co-Chair	Danielle Freeman
Name:	
Committee Co-Chair Position:	Middle School Principal
Committee Co-Chair Email:	dfreeman@gentrypioneers.com
Committee Co-Chair Phone:	479-736-2251

### **Additional Committee Members:**

Name	Position or Role	Organization Represented	Phone	Email
Melissa Holland	School Board Member	Gentry School District	479-736- 2253	mholland@gentrypioneers.com
Christie Toland	Administrator	Gentry School District	479-736- 2253	ctoland@gentrypioneersc.om
Sandy Duncan	Food Service	Gentry School District	479-736- 2263	sduncan@gentrypioneers.com
Sean Seligman	Physical Education Teacher	Gentry High School	479-736- 2666	sseligman@gentrypioneers.com
Suzette Manen	Parent	Gentry Primary School	479-736- 2253	
Tucker Hodges	Student	Gentry High Student	479-736-	

		1	<b>2000</b>	1
Marta Harper		Gentry	479-736-	
	Community Member	Intermediate/Primary	2253	
		School	-	
Mary Bailey	School Health	Gentry Schools	479-525-	mbailey@gentrypioneers.com
	Professional		6370	
Kari Cantrell	Gentry High School PTO	Gentry PTO	479-736-	kcantrell@gentrypioneers.com
			2666	
Lonnie Moll	Gentry HS Nurse	Nurse	479-736-	lmoll@gentrypioneers.com
			2666	
Angie Moore	Gentry Primary School	Gentry Primary	479-736-	amoore@gentrypioneers.com
	Teacher	School	2380	
**************************************				

Reviewer	Respo	onse
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☑ ADE Reviewed

### **Reviewer Comments:**

No revisions are needed at this time. Proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, SW

### Arkansas Indistar

### **Health and Wellness School Improvement Priority**

			Page 1
tion I: Scho	ool Information		
School	NI need of		Control Hab Cabool
	LEA Number:		Gentry High School 0403017
School	Year: 2023-2024		
tion II: Nec	eds Assessment		
Hint Check	k box if the school com	e SHI Assessment online apleted the pdf version of the	he SHI Assessment, upload the Completed Plan to the Health & Wellness Folder.
	If completing the SHI		ence number must be provided.
	Reference Number:	GHSC71987	
Review	er Comments:		
Body M	lass Index (BMI)		
Hint			
			ends based on the analysis of the data. ic School BMI Reports website
	nal Health Data (Opt	cional)	

**Develop a brief narrative of other health and wellness data.** (Optional)

Trouble and Tychnicos control improvement a many
GHS provides a free health fair. Students assess many components of overall health for any faculty member.
GHS provides a free shot clinic for any school employee.
GHS hosts blood drives available to qualifying students and staff.
Reviewer Comments:

### Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

### These checkboxes are required.

- The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (AR Code §6-20-709).
- The LEA has implemented space in the facility to accommodate breastfeeding mothers (AR Code §6-18-719).

# Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students Hint

### **Goal 1 Measurable Objective**

GHS will address school nutrition by creating an environment and providing services that promote a nutrition and a healthy lifestyle. The goal is to improve the SHI module score by at least 1 point.

### **Goal 1 Activities**

Activity	Person Responsible	Timeline
All students receive health and pe classes.	Seligman, Burcham, Mann, Bigham	23-24 school year
Agri classes will include nutrition education and instruction on home gardens.	Jackson	23-24 school year
Cafeteria menu will be reviewed regularly and suggestions will be made to the Wellness committee	Capps	Quarterly
FACS classes will include options that teach healthy nutrition choices.	Dobbs	23-24 school year

Reviewer Comm	ents:		

### Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Hint

### **Goal 2 Measurable Objective**

Improve Module 3: PE and Physical Activity Programs by providing explicit Instruction through programs to produce an increase in module 3 score by at least one point.

### **Goal 2 Activities**

Activity	Person Responsible	Timeline
PE classes offered to all students and required for graduation	Seligman, Burcham, Bigham, Mann	23-24 school year
Fitness and Weights is an advanced PE class offered to students who wish to experience a more specialized approach to fitness.	Seligman, Burcham, Mann, Tevebaugh	23-24 school year
Basketball, football, soccer, track, softball, baseball, track, cross country and cheer are offered as classes during the school day. Volleyball and Wrestling are offered after school	Hester	23-24 school year

### **Goal 2 Activities**

Activity	Person Responsible	Timeline
	I	<u> </u>

### **Reviewer Comments:**

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Hint

### **Goal 3 Measurable Objective**

GHS will address multiple modules with structures designed to improve overall wellness.

### **Goal 3 Activities**

Activity	Person Responsible	Timeline
Health Fair to promote healthy habits	Moli	23-24
Walking challenge to staff to promote physical	Moll	23-24
activity in adults		

### **Reviewer Comments:**

**Topic 4: Inclusion of School-wide Health Related Professional Development** 

•••			-
Н	İI	٦t	

List school-wide health related profes	ssional development sessions planned for school sta	for school staff
(Nutrition and Physical Activity staff	development must be provided):	

Session Title	Trainer/Organization	Session Duration
Teenage suicide - staff	Arisa health	2 hours
Bullying - staff	Arisa Health	2 hours
Vaping - students	AR Dept. Health	1 hour

Topic 5: Inclusion of Built Environment Strategies  In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:    Hint     GHS will create a calming room to help with anxiety in our students.  GHS will provide a safe space for breastfeeding mothers.    Reviewer Comments:     Ceviewer Response:   Ceviewed		
In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:    Hint		Reviewer Comments:
opportunities for physical activity and promote access to nutritious foods for students:  Hint  GHS will create a calming room to help with anxiety in our students.  GHS will provide a safe space for breastfeeding mothers.  Reviewer Comments:  Reviewer Response:  ADE Reviewed		Topic 5: Inclusion of Built Environment Strategies
GHS will provide a safe space for breastfeeding mothers.  Reviewer Comments:  Reviewer Response:  ADE Reviewed		opportunities for physical activity and promote access to nutritious foods for students:
Reviewer Comments:  Reviewer Response:  ADE Reviewed		GHS will create a calming room to help with anxiety in our students.
Reviewer Comments:  Reviewer Response:  ADE Reviewed		
ADE Reviewed	·	
	.evie	wer Response:
eviewer Comments:	ADE	Reviewed
	eviev	wer Comments:

### Arkansas Indistar

### **Health and Wellness School Improvement Priority**

		HITTER THE STATE OF THE STATE O	Page 1 of
on I: Sch	ool Information		
School	Name:		Gentry Middle School
	LEA Number:		0403015
School	Year: 2023-2024	***************************************	
on II: Ne	eds Assessment		
Hint Chec	k box if the school com	SHI Assessment online pleted the pdf version of	the SHI Assessment, upload the Completed Plan to the Health & Wellness Folder.
	If completing the SHI	Assessment online, a refe	erence number must be provided.
	Reference Number:	GENT433540	
Review	ver Comments:		
Body M			



Develop a brief narrative of other health and wellness data. (Optional)

### **Reviewer Comments:**

### Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

### These checkboxes are required.

The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (AR Code §6-20-709).

The LEA has implemented space in the facility to accommodate breastfeeding mothers (AR Code §6-18-719).

# Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students Hint

### Goal 1 Measurable Objective

85% students in 6th, 7th, and 8th grade receive at least one semester of PE/Health each school year.

100% of students will be exposed to nutritional posters hung in the cafeteria by school nutritional staff through out the year.

85% of students will be exposed to nutritional posters hung in the PE Classroom by the physical education teacher.

Menus are reviewed at the wellness committee meetings, The Child Nutritional Department attends the meetings and collects recommendations form the committee.

### **Goal 1 Activities**

Activity	Person Responsible	Timeline
PE / Health - nutritonal education	Castro/ Forga	May 2024
Hanging and maintaining posters in the cafeteria	Cafeteria staff	May 2024
Hanging and maintaining nutritional posters in the PE Room	Castro/Forge	May 2024
Menus reviewed by Wellness Committee	Robin Capps	May 2024

### **Reviewer Comments:**

Other than what's required ... Good job on your team's efforts to address nutrition on the school campus. However, the objective needs to be specific, measurable, and time-bound.

Prompts to consider when writing specific objectives include:

- Who or what will be impacted?
- What do you intend to change?
- · How much change is expected?

- When do you expect the change to be achieved?
- · What will be the data source

### Topic 2: Coordination and Implementation of Physical Activity and Education for Students

Hint

### Goal 2 Measurable Objective

85% of students will receive 45 minutes of PE at least 3 times per week for a semester. This includes time for Health classes that are held during the semester.

6th grade and 7th grade students receive 20 minutes of recess time 2 to 3 days a week.

### **Goal 2 Activities**

Activity	Person Responsible	Timeline
85% of students receive 45 minutes of PE /	Castro / Forga	May 2024
Health per week.		
All 6th and 7th grade students have 20 minutes	Lankford/Castro	May 2024
of recess time 2 to 3 days per week.		

### **Reviewer Comments:**

the objective needs to be specific, measurable, and time-bound.

Prompts to consider when writing specific objectives include:

- · Who or what will be impacted?
- What do you intend to change?
- How much change is expected?
- When do you expect the change to be achieved?
- What will be the data source?

An example would be, "After a review of current physical activity within the school, opportunities for student engagement will increase overall by X% by May 2022."

Besides the mandated activities, are there any other physical activity or physical educational opportunities the school offers to the students?

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Hint

Gnal	3	Measu	rable	Ohia	activa
uuai		Measu	ravie	ODIE	cuve

Students are also given time for recess during Encore and lunch each week. Students that play a sport (football, basketball, and cheer) are also receiving active time

### **Goal 3 Activities**

Activity	Person Responsible	Timeline
Encore	Encore Teacher	
Football	Mullen	
Cheer	Trammell	M
Basketball	Millsap	

Re	vie	wer	Cor	nm	ents:

### **Topic 4: Inclusion of School-wide Health Related Professional Development**

Hint

List school-wide health related professional development sessions planned for school staff (Nutrition and Physical Activity staff development must be provided):

Session Title	Trainer/Organization	Session Duration
Health and Wellness PD	Harper	1 hour

### **Reviewer Comments:**

### Topic 5: Inclusion of Built Environment Strategies

In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:

Hint

We have a playground that includes swings and a basketball court. Kids have grassy areas to play football and soccer.

### **Reviewer Comments:**

### **Reviewer Response:**

M ADE Reviewed

### **Reviewer Comments:**

Review the comments in each section and make the requested revisions before submitting. If you have any questions contact Wellness Coordinator, Shy Whitley-Smith, at 501-683-3604 or email shy.whitley@ade.arkansas.gov

Close

### Arkansas Indistar

### **Health and Wellness School Improvement Priority**

	·	Page 1 of 1
Section	on I: School Information	
	School Name: School LEA Number:	Gentry Intermediate School 0403015
	School Year: 2023-2024	
Section	on II: Needs Assessment	
	If completing the SHI Asse	sment online, a reference number must be provided.
	Reference Number:	Gent771303
	Reviewer Comments: Three topics must always be checken nutrition, physical activity, and toba	ed when completing the annual school health index assessment - cco.
	Body Mass Index (BMI)	
	Hint	
	Develop a brief narrative 2021-2022 4th Grade Bl	of student BMI trends based on the analysis of the data. II Data
	Males	Females
	Underweight 3.4%	Underweight 0%
	Healthy 58.6 %	Healthy 41.4%
	Overweight 19%	Overweight 27.6%
	Obese 19%	Obese 31%

Males Females Underweight 4% Underweight 5% Healthy 51% Healthy 62% Overweight 9% Overweight 18% Obese 35% Obese 16% The trend from 2021-2022 to 2022-2023 is that a greater percentage of children were a healthier weight and lesses percentage were overweight. The change in percent that were considered obese changed from a greater percentage of girls in the previous year to a greater percentage of boys. Additional Health Data (Optional) Hint Develop a brief narrative of other health and wellness data. (Optional) 2022-2023 # of Students with Diagnoses Below from total school polulation 3rd-5th grades Asmtha 38 ADHD 41 Seizures 15 Anaphylaxis 25 Anxiety 9 Depression 7 **Reviewer Comments:** Section III: Health and Wellness Goals Indicate the LEA's compliance with the following State Mandates: These checkboxes are required. 🖾 The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (AR Code §6-20-709). The LEA has implemented space in the facility to accommodate breastfeeding mothers (AR Code §6-18-719).

### Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

### **Goal 1 Measurable Objective**

Mrs. Smartt, the building principal, is pursuing a "Healthy Snack" grant to give all students access to a fruit or vegetable as a snack daily in the afternoons after lunch time.

### **Goal 1 Activities**

Person Responsible	Timeline
Mrs. Smartt	By the end of the 2024
	school year
water the state of	

### **Reviewer Comments:**

# Topic 2: Coordination and Implementation of Physical Activity and Education for Students Hint

### **Goal 2 Measurable Objective**

All students attend morning movement in the gym once a week for 25 minutes depending on the time each student arrives to school.

### **Goal 2 Activities**

Activity	Person Responsible	Timeline
Morning Movement	Mrs. Tromp	Immediately

### **Reviewer Comments:**

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

### **Goal 3 Measurable Objective**

The objective is to install an outdoor water filling station for all students to have access to water during outdoor recess time.

### **Goal 3 Activities**

Hint

Activity	Person Responsible	Timeline
Outdoor Water Station	Mrs. Smartt	By the end of the 2024
		school year

	de Health Related Professional Devel	opment
Hint		
	professional development sessions p	
Session Title	Trainer/Organization	Session Duration
Arissa Health	Arissa Health Presenters: Lila Baker and Mr. Chess	1 hour
opportunities for physical activ	current efforts to create school space ity and promote access to nutritious ce on the playground to encourage stude	foods for students: nts playing soccer at rece
*Working towards turning the play recess.	ground water spicket into air outdoor was	
*Working towards turning the play	ground water spicket into air odedoor wat	

Go to MY SHI OPTIONS and click ADD A HEALTH TOPIC. Once tobacco is added, answer the cross-cutting questions and you should see green checks next to modules 1-4, 10 & 11. Once this is done, you may submit. SW 11/16/23

Close

Page 1 of 1

### Arkansas Indistar

### **Health and Wellness School Improvement Priority**

School	Name:		Gentry Primary School
School	LEA Number:		0403016
School	Year: 2023-2024		
n II: Nec	eds Assessment		
			ARCHIEL HIR PROGRAMMA
		- PAG A 148	
	Health Index Assess	ment	
Hint			
Hint Chec	k box if completing the	SHI Assessment online	e SHI Assessment, unload the Complete
Hint Chec	k box if completing the k box if the school com	SHI Assessment online	e SHI Assessment, upload the Complete an to the Health & Wellness Folder.
Hint Chec	k box if completing the k box if the school com	SHI Assessment online	
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Hint Chec Chec Overall	k box if completing the k box if the school com Score Card and the School If completing the SHI Reference Number:	SHI Assessment online ipleted the pdf version of the nool Health Improvement Planassessment online, a refere GPS_743363	an to the Health & Wellness Folder.  nce number must be provided.  SHI assessment. <b>At least 2 actions ar</b>
Hint Chec Chec Overall	k box if completing the k box if the school com Score Card and the School If completing the SHI Reference Number:	SHI Assessment online apleted the pdf version of the pool Health Improvement Planssessment online, a refere GPS_743363	an to the Health & Wellness Folder.  nce number must be provided.  SHI assessment. <b>At least 2 actions ar</b>
Hint Chec Chec Overall	k box if completing the k box if the school com Score Card and the School If completing the SHI Reference Number:	SHI Assessment online ipleted the pdf version of the nool Health Improvement Planassessment online, a refere GPS_743363	an to the Health & Wellness Folder.  nce number must be provided.  SHI assessment. <b>At least 2 actions ar</b>
Review Complet	k box if completing the k box if the school com Score Card and the School If completing the SHI Reference Number:	SHI Assessment online ipleted the pdf version of the nool Health Improvement Planassessment online, a refere GPS_743363	an to the Health & Wellness Folder.  nce number must be provided.  SHI assessment. <b>At least 2 actions ar</b>

Develop a brief narrative of student BMI trends based on the analysis of the data.

According to the 22-23 data, 65% of the 40 females tested in 2nd grade were healthy weight and 35% were obese or overweight. 58% of the 38 males tested in 2nd grade were healthy weight and 42% were overweight or obese.

According to the same data, 75% of the 32 females tested in Kg were healthy weight and 25% were overweight or obese. 67% of the 65 males tested in kg were healthy weight and 43% were overweight or obese.

According to the 21-22 data, 2nd grade was not tested.

According to the same data, 71% of the 28 females tested in kg were healthy weight and 29% were overweight or obese. 68% of the 25 males tested in kg were healthy weight and 32% were overweight or obese.

according to the data we have it looks as if healthy weight is trending up and overweight and obese is trending down.

Hint

Develop a brief narrative of other health and wellness data. (Optional)

**Reviewer Comments:** 

### Section III: Health and Wellness Goals

Indicate the LEA's compliance with the following State Mandates:

### These checkboxes are required.

The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee (AR Code §6-20-709).

The LEA has implemented space in the facility to accommodate breastfeeding mothers (AR Code §6-18-719).

## Topic 1: Coordination and Implementation of Healthy Nutrition Environment for Students

Hint

### Goal 1 Measurable Objective

100% of all students will receive nutrition education provided by the physical education teacher by May 2024.

100% of students will be exposed to different nutritional posters hung in the cafeteria by school nutrition staff throughout the year.

100% of students will be exposed to nutritional posters hung in the PE Classroom by the physical education teacher.

Menus are reviewed at the wellness committee meetings. The Child Nutrition Department attends the meetings and collects recommendations from the committee.

### **Goal 1 Activities**

Activity	Person Responsible	Timeline
Provide nutritional education in PE/Health	Angie Moore	May 2024
classes.		
Hanging and maintaining nutritional posters in	Cafeteria staff	May 2024
the cafeteria.		

Hanging and maintaining nutritional posters in the PE Room.	Angie Moore	May 2024
Menus reviewed at Wellness meetings.	Robin Capps	May 2024

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1.	CVI	C **	-	~~!!		

# Topic 2: Coordination and Implementation of Physical Activity and Education for Students Hint

### **Goal 2 Measurable Objective**

100% of all students will receive 50 min of PE per week.

100% of students will receive 40 min of unstructured play time per day.

### **Goal 2 Activities**

Activity	Person Responsible	Timeline
All students will receive 50 min of PE per week.	Angie Moore	May 2024
All students will receive 40 min of recess per day.	Classroom Teachers	May 2024

### **Reviewer Comments:**

Topic 3 (Optional): Coordination and Implementation of Health and Safety (Whole Child) for Students

(NOTE- this goal may focus on any School Health Index (SHI) Assessment Module)

Hint

### **Goal 3 Measurable Objective**

### **Goal 3 Activities**

Activity	Person Responsible	Timeline

### **Reviewer Comments:**

### Topic 4: Inclusion of School-wide Health Related Professional Development

Hint

List school-wide health related professional development sessi	ions planned for school staf
(Nutrition and Physical Activity staff development must be prov	vided):

Session Title	Trainer/Organization	Session Duration
Quarterly "Let's get healthy" news letter	Angie Moore	once each quarter
	wanning the state of the state	

### **Reviewer Comments:**

### **Topic 5: Inclusion of Built Environment Strategies**

In the box below, list the LEA's current efforts to create school spaces that increase opportunities for physical activity and promote access to nutritious foods for students:

Hint

Our school provides many spaces for Physical education. We have use of an outdoor area, the cafeteria, the back parking lot, and the PE room.

Our school has also provided an indoor and outdoor sensory path.

Our school has a playground that has different areas that promote opportunities for physical development.

Our nutritional staff promotes nutritious foods by offering more foods that are not prepackaged and more fresh fruits and vegetables.

### **Reviewer Comments:**

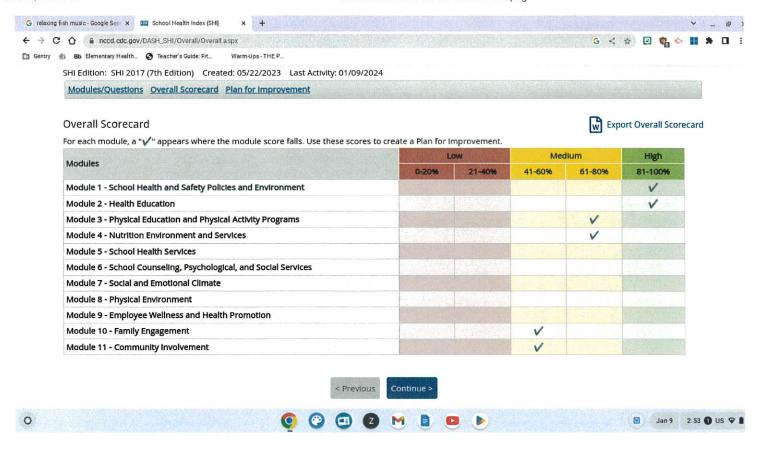
### **Reviewer Response:**

Manage ADE Reviewed

### **Reviewer Comments:**

Make the requested revisions and then proceed to the Submissions Tab, and click the submit button in order to complete the submissions process. Thank you, SW 11/16/23

Close







# School Health Index (SHI)

Your School's SHI: 2022-2023 SHI

SHI Edition: SHI 2017 (7th Edition) Created: 08/17/2023

Last Activity: 01/09/2024

Modules/Questions Overall Scorecard Plan for Improvement

### **Overall Scorecard**



**Export Overall Scorecard** 

For each module, a "✓" appears where the module score falls. Use these scores to create a Plan for Improvement.

Madulas	Low		Medium		High	
Modules	0-20%	21-40%	41-60%	61-80%	81-100%	
Module 1 - School Health and Safety Policies and Environment					<b>✓</b>	
Module 2 - Health Education				✓		
Module 3 - Physical Education and Physical Activity Programs				<b>√</b>		
Module 4 - Nutrition Environment and Services					✓	
Module 5 - School Health Services						
Module 6 - School Counseling, Psychological, and Social Services						
Module 7 - Social and Emotional Climate						
Module 8 - Physical Environment						
Module 9 - Employee Wellness and Health Promotion						
Module 10 - Family Engagement					✓	
Module 11 - Community Involvement		✓				

< Previous Continue >

Your work will be saved automatically when you continue.

Content source: National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health, School Health Branch





# School Health Index (SHI)

Your School's SHI: Middle School

SHI Edition: SHI 2017 (7th Edition) Created: 09/18/2020

Last Activity: 01/09/2024

Modules/Questions Overall Scorecard Plan for Improvement

### Overall Scorecard



**Export Overall Scorecard** 

For each module, a "✓" appears where the module score falls. Use these scores to create a Plan for Improvement.

Modules	Low		Medium		High	
Modules	0-20%	21-40%	41-60%	61-80%	81-100%	
Module 1 - School Health and Safety Policies and Environment					1	
Module 2 - Health Education					✓	
Module 3 - Physical Education and Physical Activity Programs					✓	
Module 4 - Nutrition Environment and Services					✓	
Module 5 - School Health Services					✓	
Module 6 - School Counseling, Psychological, and Social Services						
Module 7 - Social and Emotional Climate						
Module 8 - Physical Environment					✓	
Module 9 - Employee Wellness and Health Promotion					✓	
Module 10 - Family Engagement					✓	
Module 11 - Community Involvement					✓	

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Content source: National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health, School Health Branch





# School Health Index (SHI)

Your School's SHI: High School

SHI Edition: SHI 2017 (7th Edition) Created: 09/18/2020

Last Activity: 11/17/2023

Modules/Questions Overall Scorecard Plan for Improvement

### **Overall Scorecard**



**Export Overall Scorecard** 

For each module, a "✓" appears where the module score falls. Use these scores to create a Plan for Improvement.

Modules	Low		Medium		High	
Modules	0-20%	21-40%	41-60%	61-80%	81-100%	
Module 1 - School Health and Safety Policies and Environment					1	
Module 2 - Health Education					✓	
Module 3 - Physical Education and Physical Activity Programs						
Module 4 - Nutrition Environment and Services						
Module 5 - School Health Services					✓	
Module 6 - School Counseling, Psychological, and Social Services		1				
Module 7 - Social and Emotional Climate						
Module 8 - Physical Environment						
Module 9 - Employee Wellness and Health Promotion					✓	
Module 10 - Family Engagement					✓	
Module 11 - Community Involvement					✓	

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Your work will be saved automatically when you continue.

Content source: National Center for Chronic Disease Prevention and Health Promotion, Division of Population Health, School Health Branch

### **Wellness Committee Meeting**

Monday March 13, 2023 1:00 pm Partnership C Gentry Public Schools

### **Old Business**

None

### **New Business**

Review Indistar Objectives & Activities Progress
High School
Middle School
Intermediate
Primary
SHI for current school year- Begin When?

Review Menus (Breakfast, Lunch)

Next Meeting Date: May 2, 2023

### Wellness Committee Meeting

Friday November 17, 2023 1:00 pm Partnership C Gentry Public Schools

### **Old Business**

None

### **New Business**

Review School Health Index Plans(SHI) - Each Campus Nurse

Review Indistar Wellness Plans Objectives -(Each Campus)
Are Activities on track and still appropriate?
Does the submission need edits?

Review Breakfast & Lunch Menus - Robin Capps

Any New Discussion

Next Meeting - Friday February 2nd, 2024 Partnership C 1:00

### Wellness Committee Meeting Notes

Tuesday January 31, 2023 1:00 pm Partnership C Gentry Public Schools

### Members present:

Melissa Holland, Brae Harper, Kari Cantrell, Lonnie Moll, Mary bailey, Carmen Tromp, Sandy Duncan, Tucker Hodges, Angie Moore, Marta Harper

### **Old Business**

None

### **New Business**

Committee reviewed Indistar Objectives & Activities Progress

Are Activities on Track and still appropriate? Committee determined yes

Does the submission need edits? Committee reviewed and agreed we did not need to
edit

Review Wellness Policy- New wellness policy was approved by all

Review Menus - Menus were reviewed and determined more protein needs to be available for breakfast

### **Discussion-None**

Next Meeting Date: March 13, 2023

# Gentry Public Schools Wellness Committee Sign In November 17, 2023

	NOVERIBET 17. 2023	
First and Last Name	Group Representing	E Mail Address
Bras Haper	District	
Brae Haper Angie Moore		
Sean Seliamin	6H5	
Carmen Tramp	GLS	
Cormon Tromp Knoten Smart	678	
Melissa Holland	Board	
Kolom Chono	Capeteria	
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	1	<u> </u>

FR

THURS

WED

BABY CARROTS/ RANCH

FRIES

FRUIT

GARLIC TOAST GREEN BEANS

FRUIT

CHEESE BURGER

HOMEMADE LASAGNA MINI CORN DOG OR

SALAD

MASHED POTATO/ GRAVY **OVEN ROASTED CHICKEN** 

BEEF FINGERS OR

STEAMED CARROTS

HOT ROLLS

FRUIT

PIZZA OR

# November 2023

Notes:	MOM	TUES
GENTRY HIGH		
SCHOOL & MIDDLE		
SCHOOL		

MEAL PRICES ARE AS FOLLOWS:

STUDENT LUNCH - \$2.95 STUDENT BREAKFAST -

ADULT BREAKFAST - \$2.50 ADULT LUNCH -\$4.50







# November 2023

Notes:	GENTRY HIGH SCHOOL & MIDDLE SCHOOL BREAKFAST	MEAL PRICES ARE AS FOLLOWS:	STUDENT BREAKFAST - \$1.60 STUDENT LUNCH - \$2.95 ADULT BREAKFAST - \$2.50 ADULT LUNCH -\$4.50		CC.
MOM		<b>6</b> MINI-CHOCOLATE DONUTS FRUIT JUICE	CINI-MINI FRUIT JUICE	20 NO SCHOOL	27 Strawberry cream Cheese bagel Fruit
TUES		7 EGG/CHEESE OMELET TOAST FRUIT JUICE	14 BREAKFAST PIZZA FRUIT JUICE	21 NO SCHOOL	28 MINI POWDERED DONUTS FRUIT JUICE
WED	YOGURT POPTART FRUIT JUICE	<b>8</b> Pancake on Stick Fruit Juice	15 CEREAL TOAST FRUIT JUICE	22 NO SCHOOL	29 BREAKFAST BAGEL FRUIT JUICE
THURS	FRENCH TOAST TORNADO FRUIT JUICE	9 CEREAL TOAST FRUIT TOAST	16 waffles/syrup fruit juice	23 Happy Thanksgiving	30 Cereal Toast Fruit
FRI	SAUSAGE BISCUIT FRUIT JUICE	10 BISCUIT/GRAVY SAUSAGE FRUIT JUICE	17 biscuit/gravy sausage fruit juice	24 NO SCHOOL	

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE. A VARIETY OF MILK IS OFFERED EACH DAY.

TOAST FRUIT JUICE

FRUIT JUICE

### **Wellness Committee Meeting**

Friday Feb 2, 2024 1:00 pm Partnership C Gentry Public Schools

### **Old Business**

None

### **New Business**

Discuss & Begin Triennial Assessment for 2024/2025

Review Breakfast & Lunch Menus - Robin Capps

Any New Discussion