

More than **2 million** U.S. youth are using e-cigarettes¹

How much do you know about youth vaping?

Youth use of e-cigarettes, also known as vaping, remains a serious public health concern.

E-cigarettes are the most commonly used tobacco product among both middle and high school students.¹⁷ Disturbingly high rates of frequent and daily e-cigarette use suggest many teens have a strong dependence on nicotine.¹

SOME TEENS REPORT USING E-CIGARETTES IN SCHOOL BATHROOMS AND EVEN IN THE CLASSROOM.²

Learning more about the different types of e-cigarette products is an important first step in addressing youth vaping.

DID YOU KNOW:

E-cigarettes come in a variety of shapes and sizes and may not look like a tobacco product, which can make them hard to spot.²

Some devices popular among teens — like Juul and Puff Bar — are as small as a USB flash drive and even look like one.^{2,16}

Certain products emit very low amounts of aerosol or “vapor,” which makes them easier to use discreetly than combustible cigarettes.^{9,11}

Most e-cigarettes contain nicotine, the same highly addictive drug in cigarettes. Some e-cigarettes⁵ may contain as much nicotine as a pack of 20 regular cigarettes.³

A Small Device... A BIG PROBLEM

In 2021, approximately

1 in 9 high school students

_____ and _____

1 in 36 middle school students

currently used e-cigarettes.¹



CENTER FOR TOBACCO PRODUCTS

Source: Park-Lee, et al. MMWR 2021

Note: All numbers presented here are estimates.

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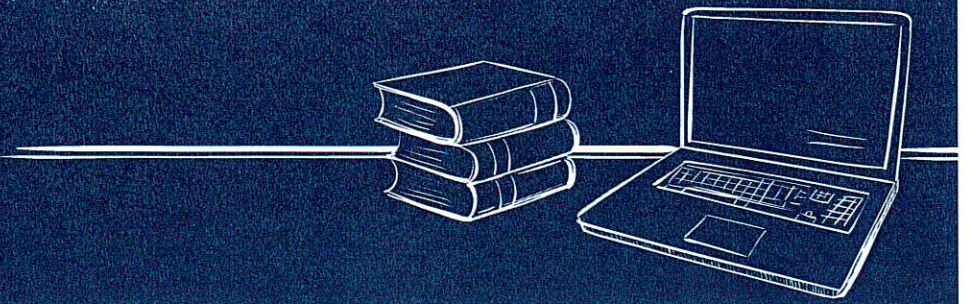
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