

Navigate360

Building safer tomorrows.

CASEL Aligned Character Development & Social/Emotional Wellness Program

A New Company, Navigate360, to Disrupt and Transform School and Workplace Safety

By combining technology, education and services, Navigate360 provides a full spectrum of safety solutions from prevention to recovery



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RICHFIELD, Ohio, April 7, 2020 /PRNewswire/ -- Today, three major leaders in safety preparedness and training, ALICE Training Institute, NavIGate Prepared, and SafePlans joined forces to create Navigate360, a revolutionary new company that brings together technology, education, and service solutions to help organizations address existing and emerging safety issues.

Focused on the full spectrum of safety from prevention to recovery, Navigate360 is championing a modern and comprehensive approach that helps schools, healthcare organizations, workplaces, and other communities confidently act in any situation.

Navigate360 will primarily focus on four distinct safety areas:

- **Prevention:** Comprehensive software and services designed to identify and mitigate risk factors from understanding signs of bullying or depression to physical building security. When possible, prevention is the best solution.
- **Preparation:** Innovative technology solutions to help organizations implement and manage safety plans effectively and efficiently.
- **Response:** Training and tools that allow individuals and organizations to act confidently in an emergency situation. The core of this offering is ALICE Training® Active Shooter Response Training, a proven, options-based methodology for saving lives in critical situations.
- **Recovery:** Offerings to provide communities with reunification and training support to help organizations and individuals begin healing after a traumatic incident.



SEL and Character Education



Parent Engagement and Education



Intervention and Restorative Practice



Staff Professional Development



MH, Drug Awareness and Child Trafficking



SEL and Character Education



**Instructor led
or student
directed**



Teacher Companion Guide Ensures Consistent Delivery of Message



Teacher Companion Guide: Grade 6 | Empathy

Welcome to the Teacher Companion Guide!

The following companion guide is available in an online format as well as a printable pdf. To download the full guide, please click on the link below. Additional downloadable resources are available at the end of the digital guide.

The guide (printable and digital) includes:

- A discussion guide which provides you shared vocabulary, questions to continue the conversation and additional resources
- A writing prompt for students to complete their writing assignment. You can display the digital writing prompt and have students use their own paper, or you can print and hand out the printable version
- A grading rubric aligned with your state's writing standards
- A student handout that provides resources and information for students to take home

Click on the link below to download the full guide or click the "Next" button to continue to the digital version!

Full Guide Download

[Download Full Guide](#)

Next

Start Again

Second Grade

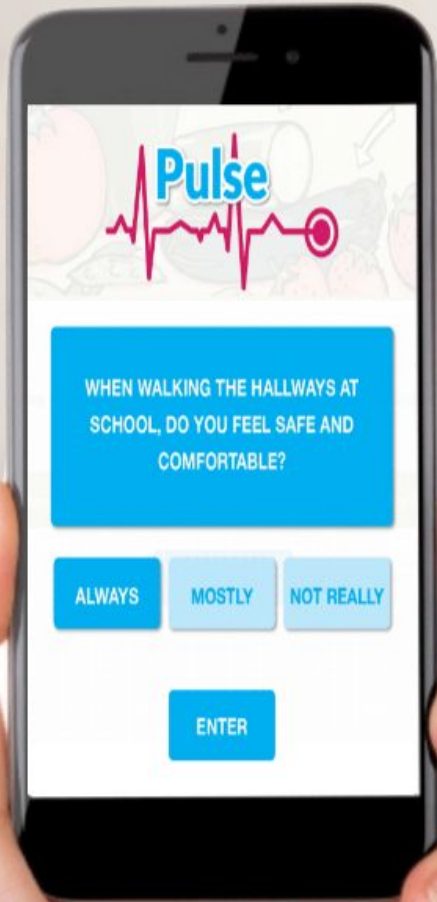
Optional Pre-SEL Assessment			
Optional lesson	Intro to SEL & Program (K-2)		
Module 1	Theme	All About Me	
Week 1	Self-Awareness	Strengths/Interests	Strengths & interests
Week 2	Self-Management	SHIELD (Self-Regulation)	SHIELD (self-regulation)
Week 3	Social Awareness	Personal Boundaries	I need space
Week 4	Relationship Skills	Healthy Decisions (Boundaries)	Self discipline
Week 5	Decision-Making	Problem Solving	My values, my choices
Module 2	Theme	Basic Feelings	
Week 6	Self-Management	Emotions (Feelings)	I feel frustrated
Week 7	Self-Management	Self Control	All feelings are ok, some behaviors are not
Week 8	Social Awareness	Respect & Responsibility	Respect
Week 9	Relationship Skills	Respect & Responsibility	Accidents happen
Week 10	Decision-Making	Optimism (Curiosity/ Open mindedness)	Curiosity
Module 3	Theme	Friendships	
Week 11	Self-Awareness	Friendship	What makes me a good friend?
Week 12	Self-Management	Self-Confidence	Courage
Week 13	Social Awareness	Empathy & Compassion	Sharing is more than caring
Week 14	Relationship Skills	Communication	Using I statements
Week 15	Decision-Making	Teamwork (Treating Others)	Teamwork
Module 4	Theme	Executive Functioning	
Week 16	Self-Awareness	Asking for Help (Safe/Unsafe)	Feeling safe vs. unsafe
Week 17	Self-Management	Goals/SMART goals)	Setting goals
Week 18	Social Awareness	Gratitude	Showing gratitude
Optional Mid-year SEL Assessment			
Week 19	Relationship Skills	Communication	Communication skills
Week 20	Decision-Making	Prioritizing	Focus strategies
Module 5	Theme	Around the World	
Week 21	Self-Awareness	Self-Confidence (Uniqueness)	Ways that we are all the same & different
Week 22	Self-Management	Stress (Management)	More ways to calm down
Week 23	Social Awareness	Helping Others (Good Citizen)	Being a helper
Week 24	Relationship Skills	Cultural Awareness (My Family/ Culture)	My family
Week 25	Decision-Making	Bullying (Upstander)	Treating others the way you want to be treated
Module 6	Theme	Self Control	
Week 26	Self-Awareness	Honesty/Integrity	Stepping up to do the right thing
Week 27	Self-Management	Mindfulness (Self Care)	Optimism
Week 28	Social Awareness	Perspective	Perspective
Week 29	Relationship Skills	Conflict Resolution	Keeping friends
Week 30	Decision-Making	Substance Misuse (Staying Healthy)	More self-regulation strategies
Module 7	Theme	Don't Give Up!	
Week 31	Self-Awareness	Growth Mindset	Growth mindset
Week 32	Self-Management	Concern for Others	Caring for others
Week 33	Social Awareness	Socializing (Social Cues/Sharing)	Following the rules
Week 34	Relationship Skills	Bullying (Cyberbullying)	Bullying
Week 35	Decision-Making	Consequences (and Rules)	What are the consequences
Optional Lesson	Wrap Up Lesson/Activity	Wrap Up Lesson/Activity	
Optional Post-SEL Assessment			

Eleventh Grade

Optional Pre-SEL Assessment			
Optional lesson	Intro to SEL & Program (9-12)		
Module 1	Theme	My Identity	
Week 1	Self-Awareness	Strengths/Interests	Interests/career connections
Week 2	Self-Management	SHIELD (Self-Regulation)	SHIELD
Week 3	Social Awareness	Personal Boundaries	Setting boundaries/being assertive
Week 4	Relationship Skills	Healthy Decisions (Boundaries)	Recognizing when you need mental health help
Week 5	Decision-Making	Problem Solving	Making decisions that align to your future
Module 2	Theme	Complex Emotions	
Week 6	Self-Management	Emotions (Feelings)	What will I do with these emotions?
Week 7	Self-Management	Self Control	Delayed gratification
Week 8	Social Awareness	Respect & Responsibility	Believe & trust in yourself
Week 9	Relationship Skills	Respect & Responsibility	Science of procrastination
Week 10	Decision-Making	Optimism (Curiosity/ Open mindedness)	Dealing with injustice
Module 3	Theme	Community Involvement	
Week 11	Self-Awareness	Friendship	What is a healthy romantic relationship?
Week 12	Self-Management	Self-Confidence	Resources in the community
Week 13	Social Awareness	Empathy & Compassion	True stories of empathy/compassion Malala or Greta
Week 14	Relationship Skills	Communication	Disagreeing (Aggressive vs. assertive)
Week 15	Decision-Making	Teamwork (Treating Others)	Volunteering
Module 4	Theme	Executive Functioning	
Week 16	Self-Awareness	Asking for Help (Safe/Unsafe)	Self-advocacy
Week 17	Self-Management	Goals/SMART goals)	My motivation: What long-term goals motivate you?
Week 18	Social Awareness	Gratitude	Being generous
Optional Mid-year SEL Assessment			
Week 19	Relationship Skills	Communication	Being creative/out of the box
Week 20	Decision-Making	Prioritizing	Test-taking strategies
Module 5	Theme	Cultural Competency	
Week 21	Self-Awareness	Self-Confidence (Uniqueness)	Appreciate character
Week 22	Self-Management	Stress (Management)	Stress management
Week 23	Social Awareness	Helping Others (Good Citizen)	Pay it forward: Showing kindness
Week 24	Relationship Skills	Cultural Awareness (My Family/ Culture)	Cultural competency/social justice
Week 25	Decision-Making	Bullying (Upstander)	Treating others
Module 6	Theme	Self Management	
Week 26	Self-Awareness	Honesty/Integrity	Aligning your values with your goals
Week 27	Self-Management	Mindfulness (Self Care)	Mindfulness
Week 28	Social Awareness	Perspective	Perspective/POV
Week 29	Relationship Skills	Conflict Resolution	Peer pressure
Week 30	Decision-Making	Substance Misuse (Staying Healthy)	Smoking/vaping
Module 7	Theme	Resilience & Perseverance	
Week 31	Self-Awareness	Growth Mindset	Dealing with disappointments & setbacks
Week 32	Self-Management	Concern for Others	Compassion faties
Week 33	Social Awareness	Socializing (Social Cues/Sharing)	Dealing with discrimination/racism
Week 34	Relationship Skills	Bullying (Cyberbullying)	Do the right thing
Week 35	Decision-Making	Consequences (and Rules)	Understanding consequences
Optional Lesson	Wrap Up Lesson/Activity	Wrap Up Lesson/Activity	
Optional Post-SEL Assessment			

Pulse Surveys

Deployed throughout the year to provide a snapshot of dispositions, attitudes and school climate



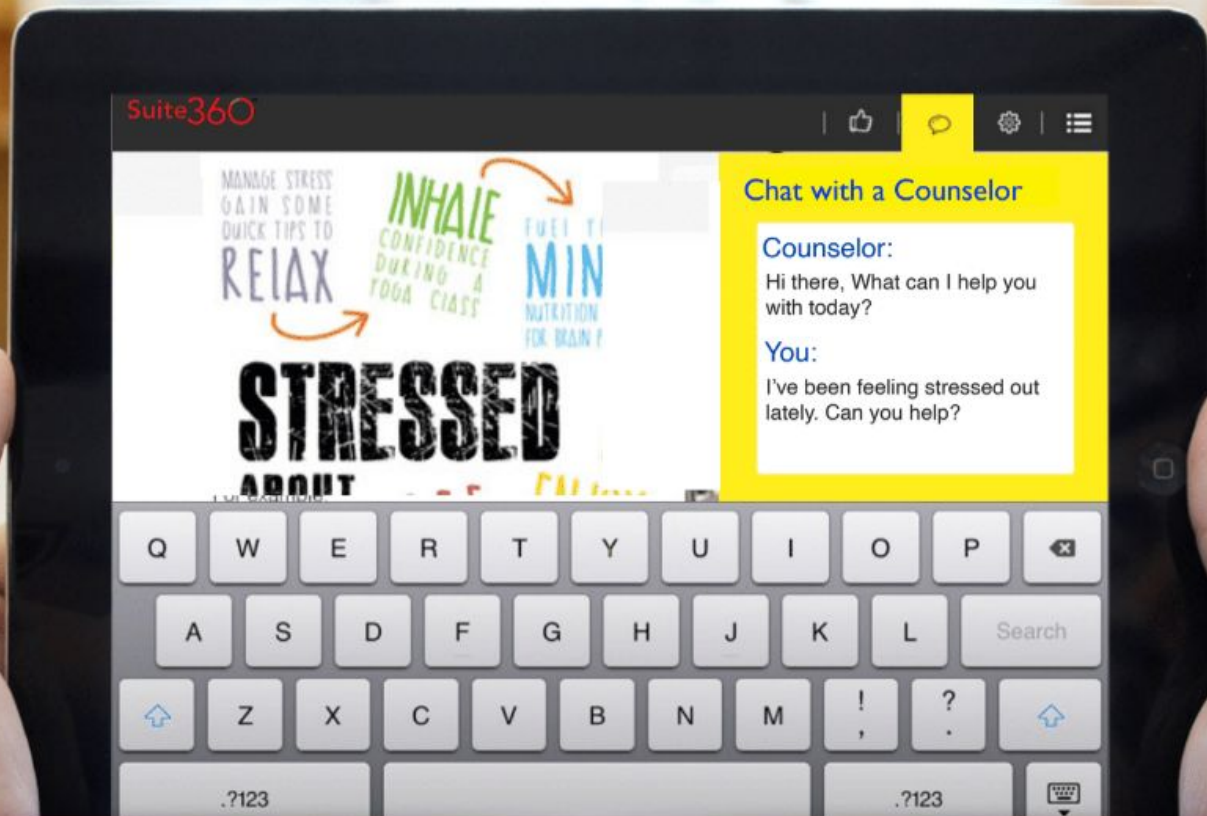
Pulse

WHEN WALKING THE HALLWAYS AT SCHOOL, DO YOU FEEL SAFE AND COMFORTABLE?

ALWAYS MOSTLY NOT REALLY

ENTER

Chat



Gen Alpha are “braver” behind devices.

Intervention & Restorative Practice

TRADITIONAL INTERVENTION

Navigate360 Intervention & Restorative Practices creates a more effective approach to handling student misconduct in comparison to traditional behavioral intervention discipline models. Traditional discipline and intervention focus on removing behaviorally disruptive students from the classroom and learning. Very seldom do these interventions help students learn from their mistakes.

A typical discipline model may look like the following:

- + The student is removed from the classroom for disruptive or challenging behavior
- + The student waits in the office for administrators to respond
- + The student spends hours without completing schoolwork or lessons
- + The student receives a response from administrators regarding their disruptive behavior, resulting in detention or suspension

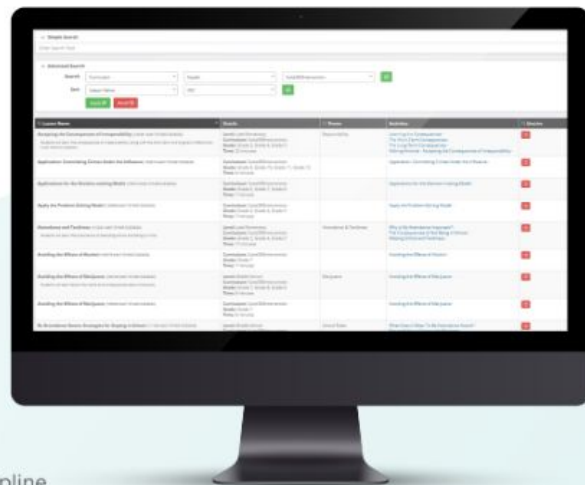


Traditional discipline models leave student infractors out of class and missing out on learning opportunities that they are not likely to be able to catch up on, putting them further behind in class.

MODERN INTERVENTION WITH INFRACTION-BASED LESSONS

Navigate360 Intervention & Restorative Practices creates a more effective approach to handling student misconduct in comparison to traditional behavioral intervention discipline models. Traditional discipline and intervention focus on removing behaviorally disruptive students from the classroom and learning.

- + Students are removed from the classroom for disruptive or challenging behavior
- + While students wait for administrators, they can begin completing digital lessons found in Intervention & Restorative Practices related to their infraction
- + Busy administrators can plan an appropriate intervention while students complete lessons
- + Students receive specific lessons that help them understand their own behavior and the context of their intervention



- + Students remain in school throughout behavioral intervention, learning and engaging with information that aids in their personal development
- + The students participate in a reflective statement exercise to engage in a restorative conversation and help resolve the issue

Intervention & Restorative Practices curriculum enables schools to assign lessons to students related to their infractions. Professionally developed around a discipline matrix, lessons cover a wide range of infractions. Helping kids learn from their actions and reduce recidivism with restorative practices model that can be incorporated into a Multi-Tiered System of Supports (MTSS) framework.



HUNDREDS OF LESSONS ACROSS THEMES SUCH AS:

- + Aggression
- + Anger Management
- + Attendance & Tardiness
- + Bullying, Cyberbullying & Prevention
- + Conduct
- + Conflict Resolution
- + Cooperation & Tolerance
- + Defiance
- + Digital Discrimination
- + Disruption
- + Drugs, Alcohol & Vaping
- + Gossip
- + Honesty
- + Inclusion & Collaboration
- + Managing Emotions
- + Relationships, Reputation, Respect & Responsibility
- + Responsibility
- + Sexism

SAMPLE OF LESSONS SPECIFIC TO INFRACTIONS:

- + Academic Integrity
- + Apply the Problem Solving Model
- + Consequences of Disrespect
- + Digital Civility
- + Fighting & Aggression
- + LGBTQ Equity & Tolerance
- + Peer Pressure & How to Avoid It
- + Racial Equity
- + Racist Slurs & Derogatory Language
- + Respect
- + Safe Behavior
- + Self-Control
- + Sportsmanship
- + Think Before You Speak
- + Tolerance & Discrimination
- + And More

Top Infractions

1. Bullying
2. Time Management
3. Respect
4. Social Media
5. Classroom Etiquette

[load more >>](#)

Most Infractions

1. Tony Roberts
2. John Riley
3. Lisa White
4. Michael Rose
5. Will Webster

[load more >>](#)

Last Week

12 

Last Month

29 

Last School Year

107 

Average Post-Assessment



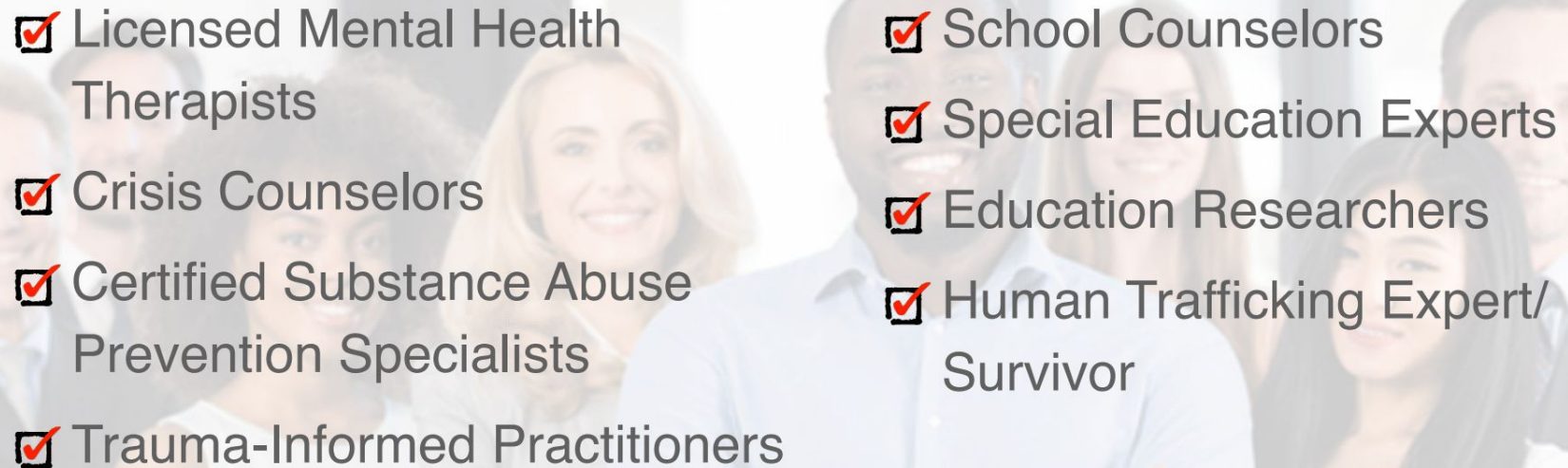
Restorative Justice Hours

last week 



Mental Health, Drug Awareness, & Child Trafficking

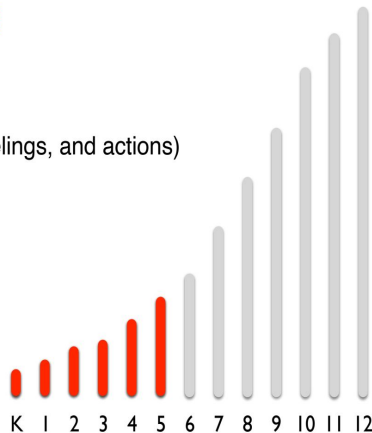
We collaborated with a broad-spectrum of professionals to ensure our mental health content is of the highest quality.

- 
- ✓ Licensed Mental Health Therapists
 - ✓ Crisis Counselors
 - ✓ Certified Substance Abuse Prevention Specialists
 - ✓ Trauma-Informed Practitioners
 - ✓ School Counselors
 - ✓ Special Education Experts
 - ✓ Education Researchers
 - ✓ Human Trafficking Expert/Survivor

Our Mental Health lessons advance each year through developmentally appropriate instruction and skill building

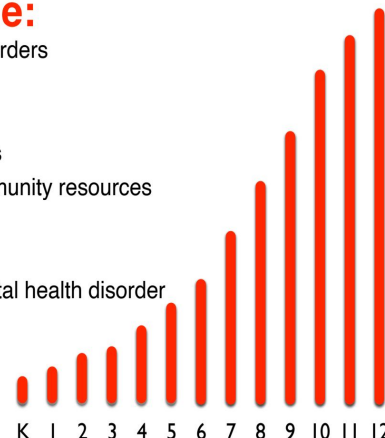
Grade K-5 Lessons Include:

- Identifying and understanding emotions
(Recognizing the connection between thoughts, feelings, and actions)
- Coping with strong emotions
- Self-esteem (beginning with grade 3)
- Substance abuse prevention



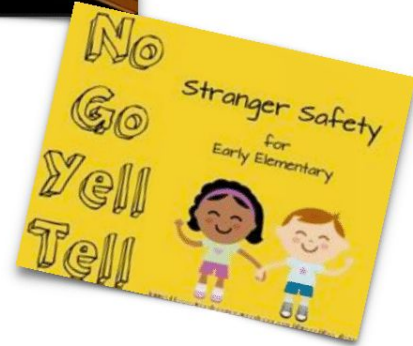
Grade 6-12 Lessons Include:

- Recognition of signs and symptoms of mental health disorders
- Prevention of mental health disorders
- Mental health awareness and assistance
- How to reduce the stigma around mental health disorders
- Awareness of resources, including local school and community resources
- The process for accessing treatment
- Strategies to develop healthy coping techniques
- Strategies to support friend or family member with a mental health disorder
- Prevention of suicide
- Prevention of substance use/abuse



Early Elementary Themes

It's a sensitive topic for young children.
Suite360 approaches it gently.



- ★ **Tricky People**
- ★ **Good Touch/Bad Touch**
- ★ **Intro to Internet safety**
- ★ **Intro to Sub. Abuse Prevention**

Late Elementary and MS Themes



🌐 **Internet Safety and Privacy**

🌐 **Personal Boundaries**

🌐 **Healthy Relationships**

🌐 **Risk factors, including drug and alcohol abuse**

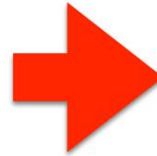
🌐 **Warning signs a friend may be in trouble**

High School Themes

We expand on personal and cyber-safety content introduced in MS and explore the framework and power dynamics of trafficking

Power and Control Wheel:

There is no single method of force, fraud or coercion; this outlines the different types of abuse that can occur in labor and sex trafficking situations.



[Sample Lessons HERE](#)